

Cancer Support Groups

2014

All groups meet weekly. No reservations needed. Free of charge.
For more information, please call 310-517-4665.

Family Caregiver Drop-in Group

Every Monday; 3:30 p.m.-5 p.m.

2 North - Family Room,

Facilitator: Kathy Calderon Lacey, NP, MFT

Drop in support group for family and friends of cancer patients. We are here to answer questions, to help you cope with your feelings and assist loved ones through the cancer journey.

Cancer Survivors in Transition After Treatment

Learning to discover a new sense of self.

Every Monday; 6 p.m.-7:30 p.m.,

Health Conference Center

Facilitator: Kathy Calderon Lacey, NP, MFT

A gathering of men and women sharing stories, healing and learning new tools to cope with life changes.

Women's Cancer Support Group

Every Tuesday; 10 a.m. - 11:30 a.m.

Health Conference Center

Facilitator: Kathy Calderon Lacey, NP, MFT

A gathering of women sharing stories, gathering strength, and learning to adapt to life changes. Lectures included:

January 7	Yoga For Wellness
February 4	The Forgiving Heart for Women in Transition - Nancy Siskowic, RN, MSN, NP, CNS-BC
March 4	Psychology of Healing
April 1	Music Therapy
May 6	Mindful Movement
June 3	Ancient Energy Systems & Healing - Dennis Kinnane, O.M.D., L.A.C., Pharmacist
July 1	Exercise - End Results
August 5	Self Care Massage
September 2	Regaining Mobility Using the Feldenkrais Method
October 7	Healing Touch
November 4	Tai Chi
December 2	Spirituality: Finding Your Wings

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