

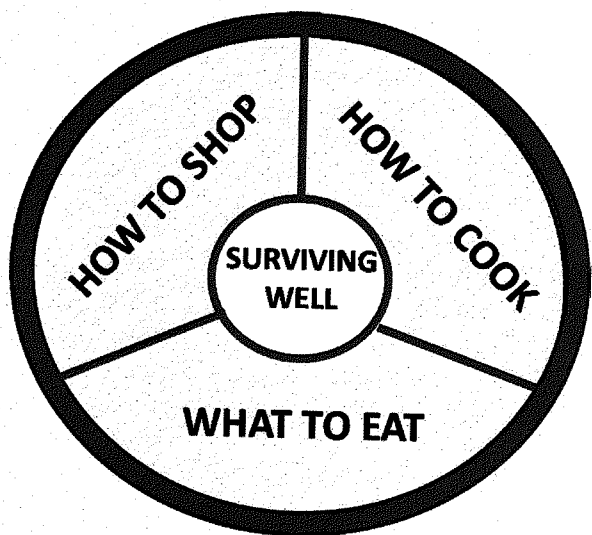
Wednesday, May 14, 2014

5:30 pm-8:00 pm

South Bay **SBSC** Survivorship Consortium
presents

The 2014 Cancer Survivorship Nutrition Series

Thriving After Cancer: Eating Healthy for Life



Lecture and Cooking Demonstration

Debra Nessel, RD, CDE

As a dietitian with 20 years of experience, Debra combines her clinical expertise with a passion for food to help people learn strategies for healthy eating

Ellen Ritter, Executive Chef, CDM, CFPP

Ellen will share her culinary expertise and interest in wholesome, mindful foods that she has gained from 20 years of experience in food service and healthcare.

Sign Up for a Guided Grocery Store Tour!

5:30 pm – 6:00 pm

You are invited to visit the new **Oncology on Canvas**

Expressions of a cancer journey art exhibit sponsored by Lily Oncology

6:00 pm – 8:00 pm

Program including cooking demonstration with tasting!

Torrance Memorial Medical Center – Health Conference Center

Light refreshments will be served. This is a free program. Seating is limited.

To RSVP Call (310) 517-4660 or online at www.TorranceMemorial.org/sbsc



**TORRANCE MEMORIAL
MEDICAL CENTER**



HealthCare Partners.
Medical Group and Affiliated Physicians



**TORRANCE MEMORIAL
PHYSICIAN NETWORK**

**CANCER SUPPORT
COMMUNITY.**
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